

Great Coastal Walk Murramarang National Park

South Coast NSW

3 Days, 2 nights in private beachfront Villas

Ex Batemans Bay, New South Wales, Australia

2019 - \$1149pp

February - November

Welcome to one of the worlds iconic walks.

Murramarang, a breathtaking place is also a wildlife wonderland on the South Eastern coast of Australia, just 4 hours south from Sydney and 2 hours from the capital of Canberra. Temperate forest and mountain ranges flow to the Pacific Ocean, Kangaroos, Wombats and Lyrebirds can be seen on the Beaches, the forest teems with colourful birdlife and the ocean is full of amazing sea life.

Walking the coast on this 3 Day hike with 27 unique beaches, geological significance on every rock shelf and amazing waters of the south east Australian temperate zone is one of the best ways to discover the area leaving you refreshed and amazed.

This tour is run as a journey style experience where you will walk the coastline over 3 days carrying only a light daypack. Your overnight bags are transferred by our staff to your evening accommodation. Each day plan on walking up to 12 km, leaving plenty of time for afternoon relaxing or exploring your new backyard. The tour includes 2 nights twin share in comfortable villas, guides and amazing healthy foods prepared on the trail by our staff. We like to throw in optional other activities including a range of short walks, kayaking, snorkelling and star gazing.

This hike is also offered on special dates as a spiritual journey with the addition of Yoga, meditation and self discovery. Please contact our office for Spirit Earth Walk dates.

Three Day Itinerary

Please Note: Itinerary may endure changes due to weather, group fitness and seasonal demands on accommodation.

Day 1

Start with a handy Hotel Pickup in the Batemans Bay area. You will be met by Region X staff at your hotel at approximately 730am. Please be ready with day packs, including everything required for a day on the trail (see equipment list), and a separate overnight bag which will be transferred to your first nights accommodation for you.

Travel via comfortable, air-conditioned vehicle to the southernmost point of Murramarang National Park, a journey of around 45 minutes. Here you will commence your hike to the north along exposed cliff tops and amazing viewing areas. Today, expect to hike up to 12 kilometres with the option of various side trails and rock platform discoveries. The hike varies from cliff tops, to beaches to rock platforms and in sections no trail exists. Your guides will help you negotiate the varying degrees of difficulty as you begin to discover the many beaches sandstone layers and spotted gum forest famous in the area. We find shady calm spots out of the wind to enjoy rest stops, lunch and we like all guests to be prepared for optional swims.

By mid afternoon you will arrive on foot to Murramarang Resort, and your beachfront villa accommodation on the edge of South Durras village. While lazy Eastern Grey Kangaroos sleep on your lawn, settle in and enjoy complimentary glass of champagne and afternoon tea to celebrate your first day on the trail. Some choose a beach dip, the pool or simply rest before the evening meal.

Your guides will leave you at the resort and head home, while you enjoy dinner at the onsite restaurant and a comfortable nights sleep.

Included: Morning Tea, Lunch, Afternoon tea (Dinner available for purchase in the onsite restaurant or as room service)

Day 2 - Beach Hiking and lake crossing

This is a short day of approximately 6 km. Wake to the sounds of the waves and possibly Bowerbirds, Kookaburras and King Parrots. You will find your breakfast neatly stored in your villa to be eaten at your leisure. Pack your overnight bags and say goodbye to South Durras as your guides arrive at approximately 8am to commence your day hiking. (Your overnight bags will be transferred by vehicle to your night 2 accommodation). This is the shortest hiking and the majority is on the long sandy beach separating South and North Durras. We encourage barefoot on this stretch, be ready for a possible river crossing! Durras Lake is a significant catchment in the area and is identified as an ICOLS (Intermittent Closed or Open Lake System). There is no pattern to when the lake is open or closed to the ocean, it can remain open for months at a time or be closed over to the ocean for long periods. When the lake is open, be prepared for a crossing up to waste deep with your shoes and pack held high! The end of Durras Beach marks a great spot to enjoy a snack and the view.

Here we put our shoes back on prior to beginning one of the challenging up hills sections of the hike, up and over the dominant Point Upright. A short side hike offers magical views to the ocean and a great spot for Whale Watching! Not too far along the trail you will descend into the sleepy seaside village of Depot Beach, here you will find your comfortable night 2 accommodation as we settle in for a relaxing lunch together.

The afternoon is spent enjoying an optional side walk, a relaxing afternoon at the local beach or you may wish to head out for a snorkel, relax with a book, or just enjoy your view. Your complimentary massage happens this afternoon as professional massage therapists arrive to your accommodation.

Some groups like to enjoy sundowners on the sand, followed by dinner all together on your cabin deck, Tonight your guides stay onsite and prepare you meal.

Included: All meals

Day 3 - Rainforest and Rock Platform

Spotted Gum Eucalypts and ancient Cycads are a feature of your day 3 hike, approximately 12km. Enjoy breakfast on your cabin deck, pack your bags and visit the beach prior to setting off on one of the most spectacular and remote days with the dominant Murramarang Range on your left and the Pacific Ocean on your right. Hike from your doorstep along white sandy beaches through a network of rock platforms, boardwalks and rainforest trails. Pass famous Pebbly beach, home to surfing kangaroos and discover surf spots that are folklore. Choose any number of picturesque spots to stop for lunch and a swim!

Most hikers are astounded at the diversity you will see over the three days, be prepared to experience a very different park.

Be greeted at the finish location mid afternoon by your Region X driver who awaits us at Pretty Beach. Our driver will have your overnight bags on board and transfer you back to your vehicle or Hotel in Batemans Bay.

Included: Breakfast, morning tea, Lunch

The tour will finish with a transfer back to your chosen accommodation in Batemans Bay or you may choose to add on another night with airport transfer service to Sydney or Melbourne.

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What is Included

- Accommodation on nights 1 & 2, Twin share basis at Murramarang Beach Resort and Depot Beach Cottages
- Overnight baggage transfers from your accommodation
- Meals from Morning tea Day 1 to Lunch Day 3 *Excluding night 1 dinner
- Champagne on arrival to day 1 cabin
- 1 x 45 min Massage per person afternoon day 2
- All transfers to and from Batemans Bay to hike locations
- Qualified and experienced guides day 1 – 3. Our crew make every effort to make your trip fun while at the same time ensuring your safety. They hold up to date quals and first aid
- All necessary Permits and Licences to enter the National Park

What is Not Included

- Dinner night 1
- All flights, airport arrival and departure taxes to and from Australia.
- Transfers to and from Airports to the hike start location - (Provide us with your arrival and departure details we can add a transfer (arrival the day prior is recommended)
- Alcoholic beverages while on the tour* except where noted
- Insurance or emergency evacuation charges Visa, passport and vaccination charges
- Equipment necessary for hiking (Day pack and personal items)

A full list of dates can be found online or by calling our friendly office staff.

What to Bring

For Hiking

Footwear - We suggest you choose footwear suitable for beach, forest trail, rock and water. Our staff like to use lightweight footwear such as Astral, Dunlop Volleys or regular sneakers. There is no need for heavy hiking boots on this tour.

Clothing - Hats, Lightweight long sleeve shirt, shorts or light long pants to stop scratches (sticks, nettles, cycad ferns), good comfy socks

Day Pack - Used to carry your water, sunscreen, essentials, and group snacks that will be divided between the group on longer hike days

Day Pack contents essentials - Drinking water (2 litres per person), Waterproof spray jacket (Great for warmth). Tech towel for impromptu swims or drying your feet after river crossings, medication you require, sunscreen

Day Pack contents optional - Camera, sunglasses, swimwear, personal snacks

For your Overnight Bag Footwear suitable for beach, clothing suitable for beach, cabin and dinners. A good book, head torch, medical essentials including insect repellent, personal hygiene items, beach towel.

Some guests like to drink alcohol with dinner, please note this is not included in the tour price and hikers will need to supply their own.

Things to know

Drinking Water on tour - Drinking water found at your accommodation kitchen is safe to drink. You are expected to carry a minimum of 2 litres of drinking water per person per day on the trail. Please ensure you fill your bottles at the start of each day and arrive on day 1 with full bottles.

Food on Tour - Our Staff carry morning tea and lunches in their pack and prepare them along the trail at any number of great rest stops. You may be asked to share the load of these. We do our best to cater for your dietary needs which you will have advised prior to joining the tour. We generally arrive at our accommodation to enjoy afternoon tea and dinners. Please note that dinner on night 1 is not included in the tour price.

Accommodation - For 2 nights you'll be staying in comfortable cabins sharing with a fellow adventurer from your trip. If you have a request regarding who you are sharing with, please inform our office. You can request a Single supplement if you prefer not to share. Please note, you will be charged an extra amount for the single supplement.

Excess Baggage and Valuables - You are requested to look after your own valuables and excess baggage in your overnight bags. Each morning our team will transfer your overnight bags to your accommodation where it will be waiting for you.

Difficulty Level - The hike is a mix of on and off trail, beach, cliff and rock platform. The environment involves regular changes in elevation and terrain, which involves short sections where scrambling may be required, under or through untamed branches and sharp grasses

Fitness Requirements - This tour is suitable for people of a wide range of ages, fitness and desire. We suggest you do some prep prior to arriving, walking or gym. If you choose not to join the hike day, you will be transferred by the driver to your next nights accommodation. We will make every effort to ensure you have an amazing time even if you decide to skip a days walk.

Risks on the Tour - The standard outdoor adventure activity poses threats to participants. It is expected that each participant will follow guidelines set by their tour leaders. Standard risks on this hike also include loose and slippery cliff edges, walking where no formal trails are marked and we are always on the lookout for nasties on the trail such as the annoying stinging nettle, and the possibly dangerous local snakes.

Foreign Travel & Financial Protection - Most of our clients are aware that adventure travel can pose it's own interesting idiosyncrasies, we suggest you read the Foreign and Commonwealth Office advice on Australia prior to your departure. We recommend a few phrases of the local language will get you a long way such as G'day (Good Morning) and Mate (Friend) Our trip leaders are on hand if you have any queries about Australia as a country. While we make every effort to keep the cost low, prices for extras can vary, you can however book with confidence knowing the inclusions quoted in your itinerary are honoured.

Waiver, Medical and dietary requirements - On receipt of your payment balance, we will send you a participant profile form with includes our waiver and any suggested medical or dietary requirements that you have. If you require a hand or clarification on the items suggested for your trip please let us know.

Travel Insurance - An adequate insurance policy is required to cover you whilst you are on this trip, this must also include medical evacuation and repatriation in the unlikely event you are injured on your trip. We have never had to evacuate a client from a trip. Testament to how importantly we take your safety.

Money on your trip - Most monetary aspects of your trip are taken care of, the money you will need will be Australian Dollars (AUD) or a Credit Card to be used for extras such as alcohol.

Flights, Getting to and From Your Tour - Singapore Airlines fly direct into Canberra from Singapore. All other major Airlines fly into Sydney for connecting flights to Canberra.

Hotel and airport pickups - occur in Canberra and Sydney the day prior to your tour, Please advise flight times or hotel details. We can also assist with pre and post tour suggestions for your stay in Australia. Some groups hire vehicles and camper vans to travel from Sydney to Melbourne via the coast.

Departures

The Tour is scheduled to depart Sundays and Wednesdays all year, excluding Dec - Jan. If you have a large group, other dates can be arranged. The Tour requires a minimum of 6 people to confirm any departure.

More info of Bookings

To discuss your options contact Region X on (Australia only) 1300 001 060 or email us.

T: 1300 001 060 E: info@regionx.com.au W: www.regionx.com.au