

# **Murramarang Coast Premium Journey**

South Coast NSW 3 Days, 2 nights

Ex Canberra, ACT, Australia

## Welcome to Australia's Next Signature Walking Experience

Murramarang National Park: a breathtakingly beautiful wildlife wonderland, just 4 hours south of Sydney and 2 hours from Canberra. Temperate forest and mountain ranges flow to the Pacific Ocean. Kangaroos, Wombats and Lyrebirds play on the forest floor; the trees teem with colorful birdlife and the ocean with amazing creatures.

Walking the coast on this 3 Day Journey is one of the best ways to discover untouched Australia. Navigate a multitude of unique beaches, discover the area's incredible geological significance, and get off the beaten path.

This tour is run as a Journey-style experience where you will walk the coastline over 3 days carrying only a light daypack. Each day your overnight bags are transferred by our staff to your evening accommodation.

Walking up to 17km a day we enjoy a relatively early start (8am), leaving plenty of time for afternoons relaxing or exploring. The tour includes 2 nights' twin share in comfortable waterfront villas and all amazing nutritional meals, prepared on the trail by your experienced guides. Enjoy complimentary bubbly and optional activities including a range of short walks, swimming, kayaking, massages\* and star gazing.

This journey is also offered with a departure from Sydney and Batemans Bay, please contact our office for more details.



# **Itinerary**



Please Note: Itinerary may be altered due to weather, group fitness and seasonal demands on accommodation.

#### Day 1

Start with a 6am Hotel Pickup from your Canberra hotel. Please be ready to meet your guides with your day packs, including everything required for a day on the trail (see equipment list), and a separate overnight bag which will be transferred to your villas.

Travel for approx 2 hours in a comfortable, air-conditioned vehicle to the southernmost point of Murramarang National Park. Here you will commence your walk north, along exposed cliff tops and incredible rock platforms, with the opportunity to spot whales (June to November). Your guides will help you negotiate some of the rocky terrain as you begin to discover the many beaches, sandstone layers and spotted gum forests the area is renowned for. For morning tea and lunch, we will seek out a shady spot with a view to enjoy fresh, healthy food lovingly prepared by your guides. There's also time for a refreshing swim.

By mid-afternoon you will discover the geological significance of the area - where the Sydney Sandstone Basin meets the Lachlan Ford Belt - and explore extraordinary sediment layers exposed over time.

Be greeted by grazing kangaroos as you arrive at your resort accommodation on foot in the early afternoon. Once you have settled in, enjoy a complimentary glass of bubbly and afternoon tea to celebrate your first day on the trail. Some guests choose a beach dip, a visit to the pool or to simply kick back before the evening meal.



Your guides will leave you at the resort and head home, while you enjoy dinner at the onsite restaurant and a comfortable night sleep.

Included: Morning Tea, Lunch, Afternoon tea, Dinner (Dinner is on us to the value of \$60 per person) our office team will have a reservation made for you.

Walking: 17km

#### Day 2

This is the shortest walking day of approximately 7km, plus an optional kayaking experience. Wake to the sounds of waves crashing and parrots playing in the gumtrees. Find your delicious breakfast in your villa to enjoy at your leisure, before repacking your overnight bags and bidding farewell to the roos. Your guides will arrive at approximately 8am to commence walking while your overnight bags will be transferred by vehicle to your night 2 accommodation.

Enjoy an easy barefoot walk across the long sandy beach separating South and North Durras and be ready for a possible river crossing! Durras Lake is a significant catchment in the area and is identified as an ICOLLS (Intermittent Closed or Open Lake or Lagoon System). There is no pattern to when the lake is open or closed to the ocean and it can remain open or closed for months at a time. If the lake is open, be prepared for a crossing up to waste deep with your shoes and pack held high! The end of Durras Beach marks a great spot to enjoy a snack and the view.

Here we put our shoes back on prior to beginning one of the more challenging uphill sections of the journey - up to the Point Upright lookout. A short side hike offers magical views to the ocean and a great spot for Whale Watching! Descend into the sleepy seaside village of Depot Beach where your villas are waiting and settle in before a relaxing lunch together on the balcony, overlooking the water.

The afternoon is completely yours. Enjoy various walking trails, relax on the beach with a book, jump into the crystal waters of Depot Beach, or simply do nothing. Enjoy a well-earned massage\*, provided by a professional therapist in the privacy of your villa.

Some groups like to enjoy a few drinks on the sand as the sun goes down, followed by dinner all together on your cabin deck. Your guides will stay onsite to prepare your meal.

Included: All meals



Walking: 7 km, Kayaking 1km

\*If you would like a relaxing massage by a local professional, please organize upon booking for an additional fee.

#### Day 3

Spotted Gum Eucalyptus and ancient Cycads are a feature of your day 3 hike of around 15km. Enjoy breakfast on your cabin deck, pack your bags and visit the beach for a morning dip prior to setting off on one of the most spectacular and remote days. Walk with the dominant Murramarang Range on your left and the Pacific Ocean on your right, passing the famous Pebbly Beach, home to another mob of friendly kangaroos and a surfing spot that is folklore. Your guides choose from numerous picturesque spots to stop for lunch and a swim!

Be greeted by your driver at the finish location by mid-afternoon by our driver who awaits us at Pretty Beach with your overnight bags onboard. You will then be transferred back to your vehicle or Hotel in Canberra, with a wonderful sense of achievement and lifelong memories made. Arrive ACT approx 5pm.

Included: Breakfast, Morning Tea, Lunch, Walking 15km



#### What is Included

- Accommodation on nights 1 & 2, Twin, triple or quad share basis at Murramarang Beach Resort and Depot Beach Cottages
- Overnight baggage transfers from your accommodation
- Meals from Morning tea Day 1 to Lunch Day 3



- Glass of Bubbly on arrival to day 1 cabin
- All transfers to and from Canberra to walk locations
- Qualified and experienced guides throughout the duration. Our crew make every
  effort to make your trip fun while at the same time ensuring your safety. They hold
  up-to-date qualifications and first aid training
- All necessary Permits and Licenses to enter the National Park
- Optional kayak section of the trail with all equipment and training provided

### What is not Included

- All flights, airport arrival and departure taxes to and from Australia.
- Alcoholic beverages while on the tour except where noted
- Insurance or emergency evacuation charges Visa, passport and vaccination charges
- Equipment necessary for hiking (Day pack and personal items)

A full list of dates can be found online or by calling our friendly office staff.

# What to Bring

## For Hiking

Footwear - We suggest you choose footwear suitable for beach, forest trail, rock and water. Our staff prefer to wear lightweight footwear, There's no need for heavy hiking boots on this tour.

Clothing - Hats, Lightweight long sleeve shirt, shorts or light long pants to stop scratches (sticks, nettles, cycad ferns), good comfy socks.

Day Pack - Used to carry your water, sun cream, essentials, and group snacks that will be divided between the group on longer hike days

Day Pack contents essentials - Drinking water (2 litres per person), Waterproof spray jacket (Great for warmth). Quick dry towel for impromptu swims or drying your feet after river crossings, medication you require, sunscreen, beanie for cold weather forecast

Day Pack contents optional - Camera, sunglasses, binoculars, swimwear, personal snacks

For your Overnight Bag Footwear suitable for beach, clothing suitable for 2 nights around the beach, villas and dinners. A good book, head torch, medical essentials including insect repellent, personal hygiene items, beach towel.



Some guests like to drink alcohol with dinner, please note this is not included in the tour price, however you are welcome to supply your own.

Contact the Murramarang Coast Journey team on (Australia only) 1300 001 060 or email us: info@regionx.com.au