



## Clyde River, Batemans Bay 3 Day Journey

Departs Batemans Bay NSW, with transfer from Canberra available

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Kayaking gives us the opportunity to see the world in a completely novel way - free from the din of motors and our busy urban lives. It gives us access to the inaccessible - the sections coastline unmarred by human interference.

The simplicity of loading your watercraft with the essentials and heading off for a couple of days is truly liberating and quells that urge we sometimes feel to momentarily 'escape'. Often we lack the means to head outdoors comfortably and safely - the logistics, equipment and know-how are just out of reach. And that is why we have created this tour!

We provide everything you need to achieve this 'off-grid' adventure. From our sturdy sea kayaks to our comfortable two-man tents and everything in between, even the (camp) kitchen sink!

We choose to base our adventure along either the rugged coastline of the Eurobodalla or the calm waters of the Clyde River, depending on the conditions and guests' preferences. Your safety and enjoyment is vital to us, and we aim to make this tour accessible to everyone, regardless of kayaking or camping experience.



Once we're out there, it is all about nature immersion and connection. What you take from your tour is entirely up to you. Do you want to experience nature in silence? Meet other nature-lovers like you? Simply do as little as possible? Or learn about the fundamentals of living in the great outdoors? This is YOUR weekend.



## Graded

Achievable Overnight Expedition in double Sea Kayaks, suitable for anyone that enjoys the outdoors. You do not need to be an experienced kayaker.

## Departure Location

Meeting points are chosen the day prior and planned around the prevailing wind, swell and tide pattern. You will receive a call from us confirming the departure location the afternoon before your tour. Unless you have arranged a transfer with us, plan on driving at least 20 minutes from Batemans Bay. Your vehicles will be safe at the chosen site.

## Itinerary

All trip itineraries should be seen as an outline. The enjoyment and safety of the group is always our main consideration, therefore the guides may choose to alter the itinerary slightly to suit the weather conditions, or trip dynamics.

### Day 1 Meeting time - 8am

Meet the team and your fellow guests at the start location before a detailed briefing. Please arrive with the equipment in the **What to Bring** list below.

You will be issued with the gear outlined in our **What We Provide** list before we show you how to effectively pack your kayak - a real skill!! After we load our kayaks, you will be taken through a sea kayaking lesson and safety briefing.

These tours will generally start you out on some calm water before increasing to more challenging conditions. We can explore the many creeks and mangrove systems that provide wildlife habitat, or the bay and its magical protected paddling. If the swell and wind are kind you may find yourself paddling on open water by the end of day 1.

We always stop for lunch mid way and end up at camp by afternoon tea time. The night will be spent at any number of campsites, chosen due to the weather conditions.

Once we arrive at camp and set up our tents, beach chairs and camp essentials. It's time to spend the rest of the afternoon exploring! Go swimming, fishing, snorkeling, relaxing, walking or reading. Dinner will be lovingly prepared by your guides and is generally a social affair.



When the timing is right, we will regroup for a gentle yoga or stretch session. Sleeping arrangements vary, we often leave this to our guests choice, tents, sleeping out or on the beach next to your kayak under our lightweight tarps.

**Day 1 Meal Inclusions: Morning Tea, Lunch, Afternoon Tea, Dinner**



## Day 2

You are encouraged to wake early for a sunrise swim, meditation session or another gentle stretch, or sleep in for a while and rise with the smell of breakfast being prepared.

Our conditions and tides will determine our departure time from camp. If we have chosen an ocean-based tour, today will be our first taste of paddling in open water as generally on Day 2 we choose a slightly more adventurous route. Batemans Bay provides exciting open water paddling with relative proximity to land. The ocean is an ideal place to enjoy the possibility of spotting dolphins, sea birds and Penguins.

Today we stop for lunch en route and continue to our next destination. For those leaving us on Day 2, it's time to say goodbye with a feeling of great achievement at having experienced a very special place, which luckily has changed little with the passage of time.

For those ending their journey with us on Day 2, we generally land at our finish location no later than 2pm.

Those who have chosen a 3 Day Journey will continue on to their Night 2 remote camping location.

**Day 2 Meal Inclusions: Breakfast, Morning Tea, Lunch, Afternoon Tea, Dinner**

### Day 3

The 3rd day is about getting deeper - deeper into nature and self discovery. Guests will experience guided meditation, gentle yoga and self reflection exercises.

Learn more about self sufficiency and practice advanced kayaking skills as we paddle into the township of Batemans Bay. Hear about the fascinating history of 'The Bay' and its ancient aquaculture industry: Oyster Farming.

Enter back into civilisation renewed, refreshed and with a new set of life skills.

Our journey ends just after lunch.



#### What We Provide...

1 x 50 litre Dry bag per person for your sleeping bags and clothes

1 x small dry bag for quick-grab items: sunscreen, camera, snacks, medication

Splash / rain jackets (if you do not have your own)

Comfortable sleeping mats

Tents (your choice of single or double)

All kayaking equipment: PFD (Life jacket), spray decks, paddles, Double Expedition Style Sea Kayak (with 3 roomy storage compartments)

You Guides' Kit: First Aid, Maps, Communications, permits

Experienced guides

Logistical support

All food from morning tea day 1 to lunch day 2

Digital photo album of your experience



## Packing List - What to Bring

Camp Items	Tick	On Water Items	Tick
Sleeping bag		2 x 2L water bottle	
Camp pillow		Quick Dry Shorts	
Warm jumper		Long sleeve shirt, or Thermal top if cool	
Warm pants		Splash or rain jacket	
Camp Shirt		Sun hat	
Thermal top		Sunglasses	
Shorts		Suncream	
Beanie		Swimwear	
Underwear		Thermal pants if cool	
Camera		Sandals, thongs or wet suit booties	
Closed shoes		1 small dry bag (10-20L)	
Toiletries			
Microfibre towel			
Insect repellent			
Head Torch + batteries			
Fishing equip (optional)			
Snorkel equip (optional)			

### Packing Tips...

Clothing to protect you from the elements is best for kayaking. Avoid cotton, and stick to quick-drying polyester or nylon.

For hanging out at camp, practical comfortable clothing is best, including a dry pair of shoes and socks.

All of your gear will be packed into your kayak. Planning ahead and packing only what you need is part of the experience! If it won't fit, it can't come!

One challenge on sea kayak journeys is packing enough fresh drinking water for the group to drink and to cook. It would really help us if you arrive with at least 4l of drinking water per person.