

PAPUA NEW GUINEA RIVERS & OCEANS



**WATER
BY
NATURE**



DATES/PRICES 2017

Dates:

Sat 7 Oct > Fri 20 Oct

Duration: 14 Days

£3750 GBP \$5250 USD €2895 Euro

Arrival Airport: Cairns (CNS)

Departure Airport: Cairns (CNS)

Please note: Your return flights from Australia to Papua New Guinea are included in the cost of the trip.

EXPLORE FASCINATING PAPUA NEW GUINEA

Join Hamish and his crew on this brand new expedition to Papua New Guinea. A fascinating and unique culture, this adventure explores the tribal element of this friendly country, along with rafting the incredible Watut River in the Morobe Province, followed by incredible sea kayaking to remote islands in the crystal clear waters off New Ireland and New Hanover. With so many destinations, now over run by trips and tourists, we offer you a journey back in time to this wonderful outpost. If you are after a vacation well off the tourist trail, welcome to our new adventure exploring the gorgeous rivers and oceans of Papua New Guinea.

THE DETAILS

What Is Included

- Transfers to and from Cairns Airport to the hotel. If you provide us with your arrival details we will be happy to meet you at the airport.
- Flights between Cairns (Australia) and Lae (Papua New Guinea) and Kavieng and Cairns on your return journey.
- Accommodation on nights one, two three, eight, nine and thirteen in a tourist hotel. This will be on a share twin basis with somebody else on the trip
- All transfers to and from the river in Cairns to and from the Tully River and in Papua New Guinea to and from the Watut River to Lae.
- All meals from lunch on Day Two to lunch on Day Eleven.
- All rafting and sea kayaking equipment, including the best in buoyancy aids, helmets and spray jackets.
- Tented accommodation whilst on the river and sea kayaking.
- All camping equipment (sleeping bags excluded - although you can hire a sleep kit for £55).
- Qualified and experienced river guides, safety kayakers and sea kayak guides. The crux of our trips, we have a mixture of local and overseas guides who are extremely professional and are some of the most experienced guides in the world. These guys and girls make every effort to make your trip memorable and fun for you whilst at the same time ensuring your safety. They all hold up to date advanced first aid qualifications and in the unlikely event of an injury they have the expertise and professionalism to deal with it.
- All necessary permits and licenses.

A cool Water By Nature t shirt or travel bag or alternate gift if you are a return guest.

Please Note: Not included are International flights, visas, departure taxes, travel insurance, inoculations, sleeping bags*, video or dvd of your trip, alcohol, personal items or gratuities. You will also need to budget for meals in town which are not included in the price and any extra accommodation outside what is provided. (* Our Sleep Kits may be hired on this trip for £55. They contain a sleeping bag, pillow, groundsheet, sleeping liner contained in a drybag.)

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YOUR ITINERARY!

Day One

Arrival into Cairns, Australia. You will be met by your Trip Leader who will escort you to your hotel in the heart of Cairns. The remainder of the day is yours to explore this wonderful destination, or perhaps catch up with some rest after your journey.

Included: Dinner

Day Two

We get up early and depart by bus to raft the Tully River. This incredible and iconic trip is a wonderful day trip to what is arguably Australia's best river. We'll raft this technical and fun river, before returning by bus back to Cairns.

Included: All meals

Day Three

We depart after breakfast for the airport, for our flight to Port Moresby and onto Lae. We'll arrive late afternoon and transported to Lae International Hotel. Tonight prior to our evening meal together, we'll have a pre-departure meeting and some of your equipment for the river trip will be handed out including your drybags and pelicanses. Excess baggage for the rafting portion of your adventure, is left here whilst we are on the Watut River.

Included: All meals



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QUOTE: PNG-RAO

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Getting There

FROM THE UK:

The best options we have found for our clients flying to Cairns (CNS) are with Cathay Pacific via Hong Kong. These offer the best connection times on your flight to Cairns. There are further flight options with Qantas, Singapore Airlines or Emirates to Brisbane, with a short connecting flight up to Cairns. The Cathay Pacific flights leave around 5pm two nights prior to Day One, arriving into Cairns around 6:30am two days later. The return flight is a mid afternoon departure out of Cairns with an early morning arrival into Heathrow the following day. Other options exist, so if you have any queries regarding flights, please contact our UK office on 01226 740 444 for advise on your best options. Also well worth checking www.skyscanner.net for options.

FROM THE USA:

We suggest that whether you are a west coast or East coast resident, you depart from California to Sydney, direct. West Coast clients usually take the Los Angeles to Sydney with United, American, Delta or Qantas and onto Cairns with Virgin Australia or Jetstar. Our flight partners in the US at Exitot Travel will be happy to assist you in your requirements. Email them on waterbynature@exitotravel.com or call in toll free at 800 655 4053. Please call our US office, for any help and advice regarding your flights on 303 261 8896.

Visa Requirements - Australia & Papua New Guinea

For most people entering Australia, you may enter with the minimum of formalities, providing that you have acquired your visa beforehand. British and American citizens require an Electronic Travel Authority visa which can be applied for online. <https://www.eta.immi.gov.au/ETAS3/etas>. The charge for this is AUD\$20 and can be paid for online with most major credit cards. There is no cost for New Zealanders to enter Australia.

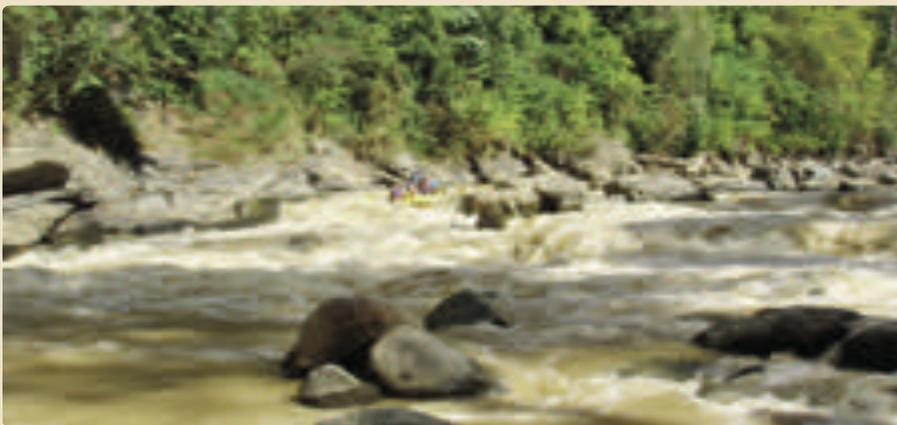
Entry into Papua New Guinea is relatively straight forward and entry can be obtained at the airport free of charge for UK and American citizens. A valid passport is also required and should have a minimum of six months validity before departing on your journey. You will need at least 2 full pages in your passport, free of stamps or visas for your trip.

Airport Pick-Ups

Providing you have sent us your flight arrival and departure details, we'll collect you from Cairns and Lae Airport and transfer you to your accommodation.

The Dreaded Jabs

What is a fun raft trip without those lovely big needles that doctors love inflicting us with! We recommend a full and simple immunization program before embarking on your Papua New Guinea river journey. We are giving you guidelines however we would recommend that you contact your local GP or immunization center, CDC and seek their advice. Bear in mind that some of these jabs or medication can take weeks to complete the course correctly so please don't leave it until the last minute! We recommend Tetanus, Hepatitis A and Typhoid. We often get asked the situation regarding mosquitos in Papua New Guinea. Seek the advice of your Doctor, but there are mosquitos present, so usual precautions should be taken with covering up, as well as bug spray. Dysentery, either amoebic or bacterial, can be picked up from the occasional restaurant in Lae, so be careful where and what you eat! The standard of hygiene whilst on the river is impeccable and the guides will get on your nerves about as much as your Mum did telling you to wash your hands before you eat. As silly as it may sound, a cake of "Dettol" soap in your bag or some of the alcohol handwash soap that always goes with you is a wise idea. Please let us know if you have any medical problems prior to your trip.



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Day Four

We leave Lae after breakfast, on the 3 hour drive bound for Mapos in the mountains, which is the source of the Watut River. We'll meet the rest of the river crew and have our picnic lunch whilst we unload drybags from the bus.

Once we have had a full and thorough safety and paddle instructions from our trip leader and safety kayaker, we'll start our journey on this wonderful river. We'll stop at a village where the curious locals watch us in amazement with our bright colored equipment.

Included: All meals

Days Five to Seven

We challenge rapids like Birkpela, BARAAHP (Between a Rock and a Hard Place), Four-Part Harmony, Tombstone, and many more. Almost two full days of the trip are packed with Class III and IV drops, with a couple Class Vs in higher water levels. The action is constant. We're swept through rainforest and into narrow gorges. Tributaries pour into the Watut, increasing its size and creating beautiful rapids and beaches. We stop at villages to see firsthand how the locals live, and to talk with the curious locals and buy fresh fruit from them. We visit a pretty waterfall to bathe and swim, and camp on riverside beaches. The food is great and the scenery never stops.

By Friday night we have navigated the whitewater and are on a big, slow river. We row downstream on Saturday to a point where we are met by a motorized dugout. We lash on to the 40-foot long craft and are towed to our last campsite not far above the junction of the Watut with the Markham River. The cruise is a relaxing end to our adventure as we motor by mud cliffs and riverine forests and negotiating snags.

Included: All meals

Day Eight

A two-three hour row takes us to Forty-Mile, where we enjoy a last river lunch while de-rigging the boats. Then it's back to Lae, less than an hour drive away. Afternoon at leisure to take in some of the sights such as the Rainforest Habitat or take a stroll up the fascinating Mt Lunaman with its history of war during the Japanese invasion. Dinner at the Lae Yacht Club.

Included: All meals

Day Nine

After breakfast at our hotel, we'll fly from Lae to Kavieng where we will transfer to the Nusa Island Retreat. Hello paradise. This afternoon, we will outfit you with your kayaks, paddles, spraydecks and PFDs and Josh and your other guides will give you a rundown on paddling, safety and our plan for the next few days.

Included: All meals

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Water Filtration & Treatment

We recommend you drink only bottled or previously boiled water, and that you bring a refillable water bottle or similar device, especially when traveling away from major cities. During the river trip all water is filtered and treated.

Toilet Facilities On The River

Our toilet is set up in a secluded spot when you reach camp, to ensure there is privacy to protect your dignity. This is set up with plenty of toilet paper to hand and also a convenient hand washing station to ensure camp hygiene amongst our groups. We have a policy of carrying out all of our solid waste, but we also have a "pee bucket" which can be used whilst in camp. We dispose of all waste responsibly with respect for the river and the environment.



Exchange Rates

The Papua New Guinean Kina is a somewhat difficult currency to come across at your local bank. You will be able to change your US Dollars, Pounds or Euros at the local bank. There are also ATM facilities available in Lae and Port Moresby if this is your preferred method. Current rates of exchange were at time of printing 1USD\$ is 3.2 Kina and 1GBP£ is the equivalent to 3.9 Kina. To give you some idea as to how far your money will go, the average evening meal in Lae will be around \$10.

Transport Services

Whilst you are in Papua New Guinea, due to the mountainous terrain, either flying or driving with 4 X 4 or minibuses, is the easiest way to get around. In all cases, we will be providing transport for all aspects of your trip.

Air travel is the primary form of transport. Even the two major towns of Port Moresby and Lae are only connected by air. Planes were imperative in colonial times for opening up the country to goods and for people movement.

Minivans are relatively available to say the least and they are only too happy to take you anywhere you want to go. We recommend using caution when arranging this on your own, as on occasion robberies do happen to tourists in such vehicles.

River Flows & Sea Kayaking

The Watut is a low-medium volume river and is one of the best river trips in the Southern Hemisphere. We choose to offer this river trip at what is considered best flows in October when the rapids on the river should be fun and technical. Please be aware that when it rains locally, the river can swell a great deal and we may need to camp for an extra night, in order to let the river drop to a safe level to run it. We have scheduled in 'breathing room' to our itinerary, to make this an option, should the need arise.

The sea kayaking in this part of Papua New Guinea is amazing. We appreciate that on occasion, people may want to dip in and out of the paddling if you wish, so we'll have a support boat on hand if this is the case.

Climate

The main variable of Papua New Guinea's climate is not temperature or air pressure, but rainfall. Papua New Guinea's climate can be described as tropical climate, with the coastal plains averaging a temperature of 28°C, the inland and mountain areas averaging 26°C, and the higher mountain regions, 23°C. The area's relative humidity is quite high, and ranges between 70 and 90 percent.

The extreme variations in rainfall are linked with the monsoons. Generally speaking, there is a dry season (June to September), and a rainy season (December to March). Western and northern parts of Papua New Guinea experience the most precipitation, since the north- and westward-moving monsoon clouds are heavy with moisture by the time they reach these more distant regions. If we experience rain on the river, this can cause it to swell dramatically and we may need to take a lay day to let the river drop again. Typhoons can hit Papua New Guinea from December to mid March, and can sometimes cause heavy damage, flooding and erosion.

Fitness And Safety

There are no special fitness requirements for the Watut River but bear in mind the river can come up dramatically with rain. This may require us to have a layover day. The main thing recommended is a sense of adventure! Just to recap what is mentioned in the brochure: The minimum age for the trip is 16 years and there is no upper age limit providing that you are in reasonable physical shape and you are aware of the rigors of a whitewater expedition in a foreign country. Please make a point of telling us (quietly if you wish) if you have any medical condition, allergy or are on any medication that you think we should be aware of. Safety is our foremost consideration at all times whether on or off the river. We are out there for a great time on the river and we want you to feel comfortable in your new environment.

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Linguistically, Papua New Guinea is the world's most diverse country, with more than 700 native tongues.

Some 80% of Papua New Guinea's people live in rural areas with few or no facilities of modern life.



Day Ten

Today we start paddling we set out for our first destination, Kabotteron Island approximately 2 hours from the Retreat.

On the way we will stop at Nago Island (30 minutes away). Nago is a turtle nesting site so the chances of seeing turtles is very good. We will do some snorkeling there, before we head off for Eruk Island where we will have lunch and explore the island, escorted by one of the local villagers.

From Eruk we head for Kabotteron and its southern tip where we will set up camp.

Included: All meals

Day Eleven

After breakfast we will start northwest towards Bangatang and onwards to Nusaum. We will stop at Nusaum for a snorkel of the excellent reef. From there we head another 30 minutes to Lemus Island. Here we will have the chance to snorkel one of the best beach reefs in the region. After some morning tea we will head off to our days final destination – Nusakelo, a small village on the southern tip of the Tsoi group of islands. This is a great place to rest under some enormous trees and explore the rocky coast.

Included: All meals

Day Twelve

Today we paddle from Nusan Kelo to Lamalant. This will be a relatively easy day, with a gentle paddle along the coast of the Tsoi group. We will have great views of the

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Dress Code

Most women find it comfortable to wear long cotton trousers or long skirts while walking around Lae and rural areas and whilst shorts are more acceptable for men trousers are also more appropriate around town areas. Most restaurants are fairly casual unless you head of to dine at one of the top hotels where for men, a shirt with a collar is expected.

Once on the river and away rafting, then bathing suits and shorts are completely suitable. However we do recommend for the women especially, bringing a sarong with you, which makes an excellent wrap around skirt when visiting the villages along the river.

Personal Equipment

After years on the river the guides have found exactly what is necessary to feel comfortable on the raft by day, cozy around the camp at night and totally in style in town before and after trips! Therefore our equipment list will mean that you will be perfectly attired and outfitted for your whole trip and well under the baggage allowance - river guides are famous for being light travelers (one has to be when a kayak is often in tow!)

A full list of what we recommend for both the trekking and rafting sections will be sent to you upon booking confirmation.

FINALLY...

Please remember that things do change, prices go up and down, activities stop running or change format and weather can send the best laid plans out the door. Water By Nature will do its best to provide what is described above but please take into consideration the nature of the journey that you are embarking on and the country that you are in and understand that a certain degree of flexibility is necessary! Papua New Guinea, has so much to offer everybody and we would love the opportunity to show you diversity and fascination of this majestic country. What better way to discover a country's people and beauty than by rafting some of the best whitewater around!

coast of New Hanover. We will arrive in Lamalangit to a traditional greeting. In the afternoon, we may have a chance to take a traditional outrigger canoe into the channel with a local guide showing us some of the more interesting aspects of living in such a remote community.

Included: All meals

Day Thirteen

Boat transfer back to Kaviang and Nusa Resort. We can all just relax or there may be time for those who wish to, to partake in a surf. This evening at the resort, we'll have our celebration meal together.

Included: All meals

Day Fourteen

After breakfast at the resort, we'll take the short shuttle to the airport. We'll board our flight back from Kaviang back to Cairns in Australia. No international flights should be booked until later this day after 5pm and you may wish to extend your trip by an extra day or so to take in the stunning diving in the area.

Included: Breakfast

Many tribes in the isolated mountainous interior have little contact with one another, let alone with the outside world, and live within a non-monetarised economy dependent on subsistence agriculture.

To book your holiday, book online or download a booking form from our website & send this in with GBP£750 deposit (\$1000 for our North American Guests) to your nearest WBN office. The balance is due 90 days prior to your trip departure.

GUIDES

The key to any great adventure are the guides that accompany you. Not only will your Papua New Guinean team guide you safely down the river by day, they'll transform into amazing chefs and entertainers and give you incredible insight into local wildlife, customs and history. Here is a sample of who may accompany you on your trip.



HAMISH MCMASTER : EXPEDITION LEADER

After his 25 years running rivers to every corner of the world, Hamish loves nothing more than to get out on trips with his clients. Water By Nature has cemented its name in the Adventure Travel business over two decades and is at the forefront of exploring new and exciting destinations. Hamish is proud of his team and his company who are all "living their dreams" and sharing that philosophy with all who join them. He loves nothing more than to get out on the river with his guests and guides when he is able.



DON JOHNSTON : GUIDE

Don started guiding in Guatemala in 1993. Since that first trip he has led expeditions on over fifty different rivers in 17 different countries around the world. Those include some of the world's most challenging and scenic rivers such as Chile's Bio Bio and Futaleufu rivers, Turkey's Coruh, Nepal's Karnali and Tamur rivers, as well as China's upper Mekong and Yangtze, Papua New Guinea's Watut river, as well as the Blue Nile in Ethiopia, India's Zaskar and Tasmania's Franklin rivers, the Alsek and Tatshenshini in Alaska, and of course the Zambezi.



JACK O'MALLEY : GUIDE

Jack is the son of an English ski guide and Australian raft guide who met whilst rafting on the Tully River in Queensland. The Tully quickly became his second home where he learned to raft, kayak and explore with his Dad. He believes time spent on rivers is one of the most enjoyable and fulfilling activities possible, something he loves sharing with others. Jack is our Rafting Operations Manager spending his time maintaining our high standards on our operations worldwide.



JOSH WATERSON : CAMERAMAN

As an Australian, Josh uses any excuse he can to leave his country. He has an impressive list of rivers to his name and now spends his year running a sea kayaking business in Batemans Bay with his wife Kate and their 3 daughters. He is a laid back character who is rarely ruffled even in the most challenging situations. Josh's great humour and "tassie" roots underlie his great experience and ability as one of our excellent river leaders and on this occasion, cameraman.

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HOLIDAY OPTIONS

If you are interested in having a few more days in Papua New Guinea then the choice is endless. Depending on your available time and whether you dive or not, there is everything from spectacular dives in the pristine oceans, to surfing or exploring the stunning Irian Jaya in West Papua, part of Indonesia (right next door)! We can recommend the following and suggest if you are interested in any of them to have a chat to our office staff who will be more than happy to give you the cost and low down on the different activities.

Diving

There are few places in the world with such magnificent views and great dives as Kimbe Bay. For enthusiastic divers this signifies a subaquatic Shangri-La, an enchanted place with neither tides nor currents where sharks, barracuda and even killer whales swirl around coral "bommies" (isolated outcrops) and sea mounts rising through gin-clear water, where the reefs are pristine, the ecosystem undamaged and the white sand bottom is occasionally interrupted by the hulk of a Second World War Zero Japanese fighter plane.

Raja Ampat

The sparsely populated Raja Ampat Islands comprise around 1000 islands just off Sorong. With their sublime scenery of steep, jungle-covered islands, scorching white-sand beaches, hidden lagoons, caves, mushroom-shaped islets and luminous turquoise waters, Raja Ampat has to be one of the most beautiful island chains in Southeast Asia. Diving and snorkeling in this stunning chain of islands is amazing. It's like swimming in a tropical aquarium. Little known until the last few years, the coral reefs are a divers (or snorkellers) dream come true. So great is the quantity and variety of marine life here that scientists have described Raja Ampat as a biological hotspot and believe that the reef systems here act to restock reefs throughout the South Pacific and Indian Oceans.

Hamilton Island

A stunning destination to relax on for a few days after your adventure to Papua New Guinea. Far more commercial than Papua New Guinea or West Papua, Hamilton Island is a stunning sanctuary with amazing beaches, great sailing around the Whitsunday Islands and also with easy access and diving on the Great Barrier Reef. If you need some pampering, this may well be a great option for you. Situated 500 kilometres south of our starting point Cairns and 800 kilometres north of Brisbane, this part of Australia is stunning.

Great Barrier Reef

One of Australia's most remarkable natural gifts, the Great Barrier Reef is blessed with the breathtaking beauty of the world's largest coral reef. The reef contains an abundance of marine life and comprises of over 3000 individual reef systems and coral cays and literally hundreds of picturesque tropical islands with some of the world's most beautiful sun-soaked, golden beaches. Because of its natural beauty, the Great Barrier Reef has become one of the world's most sought after tourist destinations. You can enjoy many experiences including snorkelling, scuba diving, aircraft or helicopter tours, sailing, whale watching and swimming with dolphins. The Great Barrier Reef is one of the seven wonders of the natural world, and pulling away from it, and viewing it from a greater distance, you can understand why. It is larger than the Great Wall of China and the only living thing on earth visible from space.

City Break Options

For all you shopaholics out there, Australia has some fascinating and vibrant cities to explore either before or after your trip. Take in the gorgeous harbor of Sydney and explore the many gorgeous sights including a walk across the harbour bridge or take in the iconic Opera House. Melbourne is a 'foodies' paradise. A massive immigrant population make this one of Australia's more interesting cities. Brisbane is a wonderful but 'small city' based on the Brisbane River offers a great way to get around this fabulous city. Plenty of options in any of these great cities for your Retail Therapists amongst you. You know who you are!



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EXTRA INFORMATION

Accommodation

For 6 nights you'll be staying in a hotel sharing with a fellow adventurer from your trip. If you have a request regarding who you are sharing with, please inform our office. If our trip ends up with odd numbers nobody will be charged a Single Supplement, however if this is requested there will be an additional charge of £450. On the river portion of the trip, you'll also be sharing a tent with a fellow rafter. You can request a single tent for a small additional charge.

Excess Baggage and Valuables

You will be able to leave any clothing or baggage that you don't require on the river at your Lae Hotel whilst you are on the river and collect this again when you get off your trip. All valuables will be locked and kept in the hotel safe. Please do not take valuables such as passports, money, credit cards and flight tickets on the river with you on the river! The same will happen whilst we are seas kayaking. You can leave bags and valuables at the Nusi Resort.

Foreign Travel & Financial Protection

Most of our clients are aware that adventure travel to far flung lands can pose its own interesting idiosyncrasies common in the developing world. Very few things happen fast, and you'll find a smiling face and a little patience work wonders in these countries for getting things accomplished. We suggest you read the Foreign and Commonwealth Office advise on the country you are visiting prior to your departure. We recommend a few phrases of the local language will get you a long way (this is sent to you in your pre departure pack). Our trip leaders are on hand if you have any queries about the country you are visiting. Through our membership of International Passenger Protection Ltd and ABTA (membership number TY6196) we provide financial protection for your booking. You can book with confidence knowing the cost of your holiday is secure.



Pre - Departure Packs and Equipment Lists

On receipt of your payment balance and booking form, we'll send you a suggested equipment list. If you require some of the items suggested for your trip, they can also be purchased off our website or a limited number of items from our river teams. 30 days prior to your trip departure, you'll be sent a pack with a few "goodies" including facts about the country you are visiting, who your guides are, along with what you might expect on your trip and your cool Water By Nature Travel Bag.

Travel Insurance

An adequate insurance policy is required to cover you whilst white water rafting. This must also include medical evacuation and repatriation in the unlikely event you are injured on your trip. In 18 years we have never had to evacuate a client from a trip. Testament to how importantly we take your safety. Water By Nature has a policy we recommend and this can be purchased from our insurance agent if you wish, which can be found on our website. North Americans can obtain a policy through www.globalrescue.com

Money on your trip

As most aspects of your trip are taken care of, the money you will need to bring will be limited. We suggest getting a small amount of Papua New Guinean Kina once in country to pay for incidental costs. We recommend travelling with a small amount of Dollars or Pound Sterling in small denominations. (10, and 20 notes are good) ATM facilities are available at this destination. We ask guests to consider bringing money for a video and also drinks on the trip.

Environmentally Responsible Travel

What better way of travelling down a river than by your own paddle power and gravity? Water By Nature takes great care of the environment we visit and carry out all our waste that we take on trips. We keep groups small to not impact the environment and to give you the chance to chat with all the interesting people on your trip. For more information about Water By Nature's environmental policy, please refer to our website.

Your Trip Memories on DVD

On many of our departures we take along a trip cameraman who will capture your trip through their eyes. This will capture not only you paddling through white water, but have local wildlife, scenic shots and the adventures around camp. These can be ordered in destination. When edited, they will be put to music and enclosed in the DVD case for your memory.



FACT FILE

Papua New Guinea

Full name: Independent State of Papua New Guinea

Population: 7.3 million

Area: 462,840 sq km

Capital City: Port Moresby

People: Melanesian, Papuan, Negrito, Micronesian, Polynesian

Language: Tok Pisin, English, Hiri Motu, along with c.800 indigenous languages spoken

Religion: Catholic 27%, Protestant 69.4%, Baha'i 0.3%, indigenous beliefs 3.3%

Government: Parliamentary democracy under a constitutional monarchy

Major industries: Palm oil processing, plywood production, mining, crude oil & petroleum products, construction & tourism.

Time Zone: GMT +10

Electricity: 240V, 50Hz

Currency: Kina (PGK)

Exchange rate:

1 GB Pound : 3.86 PGK

1 UD Dollar : 3.22 PGK

1 Euro : 3.51 PGK

Average cost for a meal:

Budget: 15-30 PGK

Mid-range 50-95 PGK

Useful Words and Phrases

Hello/Goodbye - **Gude / Gutbai**

Excuse me/Pardon - **Skiaus**

Yes/No - **Yes / Nogat**

How much is it? - **Dispela em hamas?**

How are you? - **Yu stap gut?**

Please - **Plis**

Thank you - **Tenkiu**

My name is.... **Nem bilong mi emi**

Did you know?

Papua New Guinea occupies the eastern half of the island of New Guinea, the western half of New Guinea forms the Indonesian provinces of Papua and West Papua

Papua New Guinea has one of the world's most diverse cultural and linguistic landscapes, with over 800 indigenous languages, or 25 percent of the world's spoken tongues. One of the official languages Tok Pisin is an English based creole language spoken throughout Papua New Guinea



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